

Queensland School Sport



10-12 years Track and Field Competition Procedures

Updated 27/03/2017



QUEENSLAND GOVERNMENT

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This document **must** be read in conjunction with the
QSSMG Competition Procedures.

1 Queensland School Sport Internal Structures

1.1 Sport Specific Committees and Advisory Groups

The Queensland School Sport (QSS) 10-12 years Track and Field sports specific committee follows:

- Queensland School Sport Management Group (QSSMG) Competition Procedures
- Queensland School Sport 10-12 years Track and Field Competition Procedures

QSS 10-12 years Track and Field Competition Procedures and QSSMG Competition Procedures must be read in conjunction with one another.

1.2 Registration of New Sports

1.3 Alternative Procedures Enabling Participation at a School Sport Australia Competition

1.4 De-registration of Sports

1.5 Sport Specific Committee Reports

1.6 State Sport Committee Finances

2 Approval of Competitions

3 Competition Programs

3.1 State Championships (Inter-regional Competition)

The championships will be conducted under the IAAF Competition Rules except with some variations as stated below and as required for regional venues.

3.1.1 Nominations

All competitors must be bona-fide pupils of Queensland Schools, which are affiliated with Queensland School Sport.

3.1.1.1 The maximum number of entries allowed per region will be

3.1.1.1.1 Field events – three per event.

3.1.1.1.2 Track events:

- 200 and 800m track events – three per event.
- 100m track events – four per event.
- All relays – one team per event.

3.1.1.1.3 Combined event (tetrathlon) – a maximum of two athletes per event.

- 3.1.1.2 Competitors will be permitted to compete in their own age group only; e.g. a ten year old cannot compete in an eleven year old event.
- 3.1.1.3 Ages are calculated according to year of birth as of the 31 of December in the year of competition.
- 3.1.1.4 Track events – it is imperative that regions supply accurate times to allow for appropriate seeding
- 3.1.1.5 There is no restriction on an athlete participating in both individual events and the combined event (tetrathlon).
 - 3.1.1.5.1 Regional team managers are advised to consider the demands placed on an athlete who is competing in both individual and combined events.

3.1.2 Nominations – Procedure

A computer nominations package and detailed instructions will be forwarded to the Regional School Sports Officer (RSSO). Nominations are to be returned to the designated officer. Late nominations will not be accepted.

3.1.2.1 Entry file will need to identify individual regions:

• Capricornia: CAP	• North West: NW
• Darling Downs: DD	• Peninsula: PEN
• Met East: ME	• South Coast: SC
• Met North: MN	• South West: SW
• Met West: MW	• Sunshine Coast: SUN
• Northern: N	• Wide Bay: WB

3.1.3 Combined event (tetrathlon) competition

3.1.3.1 Events

- Day 1 — 100m and long jump
- Day 2 — shot put and 800m
- Track events will be conducted as heats only
- Field events will consist of three attempts only.

3.2 State Championship Competition Rules

- 3.2.1 During competition, regional team officials will be permitted to assist athletes provided they are outside the competition arena, the competitor does not leave the competition area and it does not disrupt the conduct of the event.
- 3.2.2 Regional team officials are not permitted within the competition arena, except when:
 - a) Required by the championship director.
 - b) Required to accompany an athlete in a multi class event. This person will be identified by the wearing of a sports bib, supplied by the 10-12 years track and field committee.

3.2.3 Call Room

- 3.2.3.1 A call room will be used during this championship.

3.2.3.2 The call room is for athletes only. Once the athlete enters the call room he/she has entered the competition phase of the event and it is inappropriate for coaching or other assistance to be given at this point by coaches, managers or parents. To this end parents, coaches and managers are not permitted in the call room.

3.2.3.3 If important equipment (e.g. spikes) is to be passed on to an athlete who has entered the call room this can be negotiated between the call room officials and the team manager.

3.2.3.4 Call room times (including athletes in a multi class event):

- All track events – 15 minutes prior to the first heat
- All field events – 30 minutes prior to the event start time

3.2.3.5 It is the responsibility of each region's team management to be aware of any clashes that athletes may have and to inform call room officials of these so they may notify event officials.

3.2.3.5.1 In the event of a competitor competing in a track event and a field event at the same time, the athlete will inform the officials at the field event and go to the track event. At the completion of the track event they shall return immediately to the field event.

3.2.4 Multi Class Events

3.2.4.1 The following track events will be offered to athletes in a multi class event in the age groups 10, 11 and 12 years:

- 100m
- 200m
- 800m

3.2.4.2 The following field events will be offered to athletes in a multi class event in the age groups 10, 11 and 12 years:

- long jump
- shot put
- discus

3.2.4.3 Events are conducted following IPC and International Deaf Sports guidelines.

3.2.4.3.1 All athletes in a multi class event compete in timed/open finals. Their time/distance for the event is then compared with the Multi Disability Standard (MDS) for their disability classification and a percentage calculated.

3.2.4.3.2 The medal positions are therefore calculated on the percentages not the times, race finishing position or the greatest distance. The athlete with the higher percentage wins the gold medal, the second highest percentage the silver, third highest the bronze.

3.2.5 Field events

3.2.5.1 Competitors in shot put, discus and long jump events will each receive three qualifying attempts. The leading competitors will each receive a further three attempts.

3.2.5.2 The number of leading competitors who can qualify for the final round may vary between eight and nine, consistent with the number of competitors who can

qualify for a track final. Variance is due to the number of circular lanes at the host venue.

3.2.5.3 In the event of a tie after the appropriate countback rules have been applied, no jump/throw off will be conducted to separate medal places. Note that a jump/throw off may be required for equal thirds to help with selection to the State team.

3.2.5.4 Pre-competition preparation is available at the warm-up area. This must be supervised by the regional team officials, especially discus and shot put.

3.2.5.5 Team officials are requested to inform the call room of any competitor at a track event. Specific instructions shall be provided by the championship director at the pre-carnival meeting.

3.2.5.5.1 In field events, where an athlete is also in a track event, every effort will be made to enable them to have their full entitlement of attempts. However, if an athlete has not returned before the fourth round commences, or once the final attempt of the sixth round is completed (if they have progressed through to the final), it will be considered that the athlete has abandoned the event and will be ineligible for the remainder of their trials.

3.2.5.6 Note: The championship director reserves the right to stop any field events at any time if the event is seriously interrupting the program. The event will then be concluded when possible.

3.2.6 Jumps

The use of spiked running shoes will only be permitted in long jump and high jump. The length of spikes allowed will depend on the surface and venue used.

3.2.6.1 High jump

3.2.6.1.1 The following starting heights will apply:

	Boys	Girls
10 years	1.20 metres	1.10 metres
11 years	1.30 metres	1.20 metres
12 years	1.38 metres	1.30 metres
Note:	The use of powder as a marker is not permitted.	

3.2.6.1.2 First rise is 8cm, second rise is 5cm, third is 3cm.

3.2.6.1.3 Regional managers are expected to be aware of the mat dimensions and the first three rise heights before selecting athletes for these events, especially for young athletes and those using the scissor technique.

3.2.7 Throws

3.2.7.1 No personal implements will be allowed for these championships.

3.2.7.2 Shoes must be worn by all competitors in shot put and discus.

3.2.7.3 Shot put

The following shot put weights will apply:

- 10 years – 2 kg
- 11 years – 2 kg

- 12 years – 3 kg

3.2.7.4 Discus

The following discus weights will apply:

- 10 years – 500g
- 11 years – 750g
- 12 years – 750g

Discus type – rubber only.

3.2.7.5 Implement weights – multi class events

Athletes in a multi class event will throw the shot put or discus weight applicable for their classification and age group as per the table below.

Please note: where boys and girls in a classification group throw different weights, the weight for the girls' implement is indicated in brackets.

Classification	10 years		11 years		12 years	
	Shot Put	Discus	Shot Put	Discus	Shot Put	Discus
F01	2kg	500g	2kg	750g	3kg	750g
F11-13	2kg	500g	2kg	750g	3kg	750g
F20	2kg	500g	2kg	750g	3kg	750g
F32-33	1kg	500g	1kg	500g	2kg	500g
F34-38	2kg	500g	2kg	500g	2kg	500g
F40-41	1.5kg	500g	1.5kg	500g	2kg	750g (500g)
F42-46	2kg	500g	2kg	750g	3kg	750g
F51	No Event	350g	No Event	500g	No Event	500g
F52-53	1.5kg	350g	1.5kg	500g	2kg	500g
F54-58	1.5kg	350g	2kg (1.5kg)	500g	2kg	500g
F60	2kg	500g	2kg	750g	3kg	750g

3.2.8 Track events

- 3.2.8.1 Starts – starting blocks are optional and athletes are allowed to perform a standing start for sprints (100m and 200m) and for relays. Standing starts are used for 800m events.
- 3.2.8.2 Starting blocks – regulation starting blocks will be supplied. No individual blocks may be used.
- 3.2.8.3 False starts – the second false start per athlete may result in disqualification.
- 3.2.8.4 Running spikes – the use of spiked running shoes will be permitted in all track events. Spikes may not exceed a length 7mm. The type of spikes allowed will depend on the surface and venue used.
- 3.2.8.5 Although spiked running shoes are allowed, they must only be worn just prior to and during the event. Immediately the event is finished, competitors must remain in their lane, remove their running shoes and await further instructions from the chief judge or track referee.
- 3.2.8.6 Progression to finals

10 Lane Track

Event	Lanes	Number of Regional Nominations	Max Number of Competitors	Number of Heats Possible	Progression to Semi	Progression to Final
100m	10	4	48	5	1 st , 2 nd , 3 rd and next 5 fastest	1 st , 2 nd , 3 rd , 4 th & next fastest
200m	9	3	36	4	No semi	1 st , 2 nd & next fastest
800m	9	3	36	2	No Semi	1 st , 2 nd , 3 rd and next 3 fastest
Relays	9	1	48 (12 x teams of 4)	2	No Semi	1 st , 2 nd , 3 rd and next 3 fastest

8 Lane Track

Event	Lanes	Number of Regional Nominations	Max Number of Competitors	Number of Heats Possible	Progression to Semi	Progression to Final
100m	8	4	48	6	1 st , 2 nd & next 4 fastest	1 st , 2 nd , 3 rd & next 2 fastest
200m	8	3	36	5	1 st , 2 nd & next 6 fastest	1 st , 2 nd , 3 rd & next 2 fastest
800m	8	3	36	2 (0 - 32 aths)	No Semi	1 st , 2 nd , 3 rd & next 2 fastest
				3 (33 - 36 aths)	No Semi	1 st , 2 nd & next 2 fastest
Relays	8	1	48 (12 x teams of 4)	2	No Semi	1 st , 2 nd , 3 rd & next 2 fastest

3.2.8.7 For all sprints, and relay events, competitors, after completing their race, must remain in their lane until told to move by the track referee.

3.2.8.8 The 800m competitors will start with up to two athletes in each lane. The cross over will be after the green line at the start of the back straight.

3.2.8.9 In 800m events, competitors must remain in the order placed by the chief judge or track referee. Once instructed they must leave the field of play, unless they are placegetters or are participating in another event.

3.2.8.10 Placegetters in all finals will be directed to the victory dais after the event for presentation of their medallions. Regional managers should advise officials if the athlete is required back at another event.

3.2.8.11 Relays will be conducted for girls and boys in three age groups and for athletes in a multi class event as a 10 – 12 years event:

- 10-12 years multi class event
- 10 years

- 11 years
- 12 years

3.2.8.12 Smaller regions may approach larger regions with a view to entering composite relay teams. In such cases, medallions would be awarded to placegetters but points would not be allocated. A maximum of six names may be listed on the nomination form per relay event. Any four of the six names listed will be permitted to run.

3.2.8.13 For multi class relay events, regions will be required to submit the name and classification of all competitors on the Multi Class Relay Nomination Form – Appendix 6. Forms are to be received prior to the conclusion of Session One on Day One of competition. Where regions are entering a composite relay team, the region of each athlete and classification must be listed. Percentages and places will be decided by a tally of the MDS of all four runners divided by the combined team time.

3.2.8.14 Regional team officials are asked to ensure that relay runners know their positions, i.e. runner 1, 2, 3 or 4.

3.3 School Based Competitions

3.4 Sponsorship

4 Access to State Championships

4.1 Eligibility

4.1.1 Classification for athletes in a multi class event

4.1.1.1 To compete at QSS events athletes in a multi class event must be of eligible classification on the appropriate masterlist (APC, Athletics Australia, Ausrapid).

4.1.1.2 Competitors require an official provisional/temporary or national level classification from Australian Paralympic Committee, Sporting Wheelies, Life Stream Foundation/AUSRAPID or Deaf Sports and Recreation Queensland/Deaf Sports Australia.

The classes used are in the Australian athletics classification system. The classes are:

- T/F 01 Athletes with a hearing impairment
- T/F 11-13 Athletes with a vision impairment
- T/F 20 Athletes with an intellectual impairment
- T/F 31-38 Athlete with a physical impairment (Cerebral Palsy /Acquired Brain Injury or similar)
- T/F 40-46 Athletes with a physical impairment (Amputees/ limb deficiency/Short Stature or similar)
- T 51-54 Athletes with a physical impairment (Spinal/ Amputees who use a wheelchair for racing)
- F 51-58 Athletes with a physical impairment (Spinal/ Amputees who throw from a seated position)
- T/F 60 Athletes who have received a transplant

- 4.1.1.3 Details regarding the classification process can be found at; <https://queenslandsschoolsport.eq.edu.au/Sportsinformation/Disabilityadvisorycommittee/Pages/Disabilityadvisorycommittee.aspx>
- 4.1.1.4 Athletes with more than one impairment type may be eligible for multiple classifications, should they meet the minimal criteria for each of the eligible classes. In QSS approved competition, athletes may only compete under one classification. The classification must be nominated when entering the relevant event/competition pathway and may not change throughout the course of the event.
- 4.1.1.5 All athletes in multi class events not on one of these masterlists will be required to present a copy of their classification card/letter to the multi class events manager at regional events.
- 4.1.1.6 The Classification Card Check – Appendix 3 must be completed by a regional manager and emailed to the multi class event convenor by the due date.
- 4.1.2 Qualifying times and distances for multi class events
Qualifying standards are set as a percentage of MDS – see Multi Class Qualifying Standards – Appendix 2.
- 4.1.3 Additional competitors
 - 4.1.3.1 Inclusion on medical grounds can only be claimed where the athlete was not able to compete at the regional carnival because of the condition.
 - 4.1.3.2 The athlete is representing their region/state in another sport.
 - 4.1.3.3 Photo finish “dead heats” may be accepted as grounds for an additional competitor, providing lanes are available.
 - 4.1.3.4 The competitor’s past performance must be of sufficient quality to warrant inclusion.
 - 4.1.3.5 All requests are subject to lane availability and number of competitors in a field event.
 - 4.1.3.6 If accepted, an athlete would be expected to honour this invitation.
- 4.1.4 Substitutions
 - 4.1.4.1 All substitutions should be received well in advance of the competition. Essential substitutions will be accepted at the pre-championship meeting. No further substitutions and withdrawals will be accepted for events in the first session of competition after the pre-championship meeting.
 - 4.1.4.2 Further substitutions in individual events listed on the official substitution form and signed by a team manager will be allowed provided that they reach the control room no later than one hour prior to the scheduled starting time of the event.
 - 4.1.4.3 Call room officials will only allow the nominated competitor or the official substitution to compete in any event.

4.2 Centres of Athletic Development

4.3 Guidelines for Gender Equity in Sport

5 Conduct of State Championships

5.1 Championship Host

5.2 Participation

5.2.1 Competitors

5.2.1.1 Project Consent (Media Release)

Each athlete must complete a Project Consent Form (PCF) at regional level. Regional Managers should submit the name of athletes who have not given consent via the media release form.

5.2.1.2 A completed PCF summary form must accompany regional nominations.

5.2.1.3 All competitors must compete in their regional competition uniform.

5.2.1.4 When competitors are required to enter the competition area, they will do so through the call room. Co-operation of regional team officials is requested to ensure that every competitor follows the call room times listed and manage changes when required.

5.2.1.5 All competitors are to have their personal water bottles with them at all times.

5.2.2 Forms to be completed for state championships

Please email the following to the Nomination Convenor by the due date:

- regional nominations
- additional competitor requests
- PCF summary form
- Regional Officials – Appendix 1

Please email the following to the Multi Class Event Convenor by the due date:

- Athletes in a multi class event Classification Card Check – Appendix 3.

5.2.3 Team seating arrangements

Regions will be allocated seating areas within the grandstand on an annual rotation. Specific allocated areas will be published in championship bulletins.

5.2.4 Opening ceremony and march past of competitors will occur on Day One of the championships.

5.2.4.1 Teams will assemble six abreast at directed area and designed time.

5.2.4.2 The order in which teams will assemble will be published in championship bulletins.

5.2.4.3 Each region is to appoint two captains to lead and to carry the team's identification sign during the march past.

5.2.4.4 Regions are encouraged to carry their own banners.

5.2.4.5 After the official opening, teams will march off in reverse order. Team officials to supervise.

5.2.4.6 The captains of each regional team will come forward to greet the VIP declaring the championships open. The VIP will present each of the captains with a

QSS10 – 12 years Track and Field badge. The names of the regional captains and the regional geographical description are to be submitted on the Regional Information Form – Appendix 4 at the pre-championship meeting.

5.2.5 Souvenir merchandise

Souvenir merchandise may be available at the state championships and will be confirmed in championship bulletin.

5.3 Finance

5.3.1 Nomination fee

A nomination fee will be confirmed each year and is payable per competitor, irrespective of the number of events in which he/she is competing. The treasurer will invoice each region for the total number of competitors as indicated on the Regional Information Form – Appendix 4.

5.4 Accommodation Framework

5.5 Event officials

5.6 Complaints Management

5.6.1 Protests

5.6.1.1 An athlete or team official may convey an oral protest at the time of the incident to the event official or referee.

5.6.1.2 A written protest submitted by a regional team manager must be lodged with the championship director within 15 minutes of the completion of the event concerned. Protests will only be accepted from regional team managers.

5.6.1.3 A jury of appeal will consider all available information. Their decision will be final.

5.7 Meetings

5.7.1 A Pre-championship Meeting will be held the day prior to the championships.

A maximum of two regional team officials are to attend. This briefing only relates to issues pertinent to the running of the championships.

5.7.2 A General Meeting will be conducted on Day One of the championships as soon as possible after conclusion of the last event.

All regional team officials are invited to attend.

5.8 Health and Safety

5.9 Excursions and Functions

5.9.1 Official dinner

The annual dinner of Queensland School Sport 10-12 years Track and Field Committee will be held on the evening prior to the start of the competition. Details will be outlined in championship bulletins and regions must return Regional Officials — Appendix 1.

5.10 State Team Selections

The Queensland team will participate in the School Sport Australia 12 Years and Under Track and Field Championships or Pacific school Games when applicable annually.

5.11 Host Report

5.12 Travel Subsidy

5.13 Requests for Access to Students

5.14 Loss or Damage of Equipment at State Championships

5.15 Photography

The arrangements of team photographs are the responsibility of each region.

5.16 Trophies and Presentations

5.16.1 Medals and ribbons

5.16.1.1 Medallions will be awarded to competitors who are placed first, second or third in finals.

5.16.1.2 Place getters will be directed to the victory dais after the event for presentation of their medallions. Regional managers should advise officials if the athlete is required at another event.

5.16.1.3 Finalist ribbons will be presented to all athletes:

- who make an individual track final (excluding relays)
- who make the final round in field events (see section 3.2.5.2)
- athletes in a multi class event (track or field) who are placed in the final round after calculations
- athletes in the combined event (tetrathlon) competition who would have made the equivalent of a final round.

5.16.2 Trophies

5.16.2.1 Points will be awarded to regions as follows:

- 10 – first
- 8 – second
- 6 – third
- 4 – fourth
- 2 – fifth
- 1 – sixth to ninth.

5.16.2.2 The following trophies will be presented the region with the highest points:

- “*Champion Region Cup*” – an aggregate points competition will be conducted to decide the winner.
- “*Geoffrey Hornibrook Trophy*” – the boys’ aggregate points trophy.
- “*Joan Applewaite Trophy*” – the girls’ aggregate points trophy.

- “*Des Johnston Shield*” – a percentage trophy, based on affiliation numbers and points scored points. The formula for determining this shield is:

$$\frac{\text{Points x 100}}{\text{Affiliation Numbers}}$$

5.16.3 Records

5.16.3.1 A certificate will be awarded to competitors who break or equal an existing record.

5.16.3.2 A list of all records can be found in Championship Records – Appendix 7.

5.17 Areas of Responsibility

5.18 Minimum Venue Standards

5.19 Regional Delegates Role

6 Queensland Teams

6.1 State Team Selection Policies

6.1.1 Availability – Queensland School Sport 10-12 years Track and Field Team

6.1.1.1 To be eligible for an invitation to join the 10-12 years Queensland School Sport Track and Field Team, an athlete must compete at the Queensland School Sport 10-12 years State Track and Field Championships in that year.

6.1.1.2 All regional team members must complete the online State Team Availability Form (via the Queensland School Sport Website) indicating their availability for selection in the Queensland team.

6.1.2 Athletes invited to join the Queensland team will each receive an information pack.

6.1.3 Athletes accepting selection in this team must be present for all days at the Australian championships and participate in all programmed activities as directed by team managers.

6.2 Selection Policy Guidelines

6.2.1 As a general rule the first three place-getters in each event may be invited to join the Queensland team, with the exception of four athletes in the 100m and two in the combined event (tetrathlon).

This invitation will take into account the following criteria:

- Level of performance at the Queensland championships.
- Attendance at a school which is currently affiliated with QSS.
- Attitude and behaviour of competitor (regional team management and school principal may be approached for advice).

6.3 Participation at National Events

6.4 Appointment of Team Officials

6.5 Uniforms

6.6 Travel Policy

6.7 Queensland Team Preparation

6.7.1 The Queensland Team will assemble prior to the National competition for a training camp in Brisbane.

Day 1: information session, uniform distribution, team photo, and individual event training.

Day 2: team relay and individual event training.

More details will be in the team information package. Parents are responsible for travel and accommodation arrangements for training camp.

6.8 Risk Management

6.9 Guidelines for Interstate Exchanges / Non School Sport Australia Events

6.10 International Tours

6.11 Costs

7 Accommodation Framework

8 Codes of Conduct

8.1 Team Members, Parents and Spectators

8.2 Team Officials

9 Team Officials – Duty of Supervision

10 Procedures for the Investigation and Recording of Misconduct

Appendix 1. Regional Officials

Queensland School Sport



10-12 years Track and Field

Details concerning nominations for the State Championships

Region: _____

Chief Manager: _____

Mobile Phone: _____ Email: _____

Regional Team Managers

	Name	School	Attendance at Official Dinner (Yes/No)	Special Dietary Requirements
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				

Total Number in attendance at official dinner:

Dinner cost is to be confirmed in championship bulletins. Payment will be by invoice only.
Dinner payments will not be accepted on the night.

Appendix 2. Multi Class Qualifying Standards

Boys Qualifying – Track Events

100 M				200M				800M			
MDS	10 YEAR	11 YEAR	12 YEAR	MDS	10 YEAR	11 YEAR	12 YEAR	MDS	10 YEAR	11 YEAR	12 YEAR

CLASS

Hearing Impaired

T01	12.19	24.38	21.94	19.50	24.28	48.56	43.70	38.85	2:14.3	4:28.6	4:01.7	3:34.9
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Visually Impaired

T11	14.45	28.90	26.01	23.12	29.56	59.12	53.21	47.30	2:46.4	5:32.9	4:59.6	4:26.3
T12	12.80	25.60	23.04	20.48	26.42	52.84	47.56	42.27	2:19.7	4:39.4	4:11.4	3:43.5
T13	11.85	23.70	21.33	18.96	24.31	48.62	43.76	38.90	2:14.0	4:28.1	4:01.3	3:34.5

Intellectually Impaired

T20	11.91	23.82	21.44	19.06	24.11	48.22	43.40	38.58	2:07.7	4:15.4	3:49.8	3:24.3
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Cerebral Palsy

T33	25.57	51.14	46.03	40.91	36.34	1:12.6	1:05.4	58.14	2:38.8	5:17.6	4:45.8	4:14.0
T34	17.04	34.08	30.67	27.26	29.97	59.94	53.95	47.95	1:52.8	3:45.6	3:23.0	3:00.5
T35	15.49	30.98	27.88	24.78	32.01	1:04.0	57.62	51.22	3:56.1	7:52.2	7:05.0	6:17.7
T36	15.22	30.44	27.40	24.35	31.58	1:03.1	56.84	50.53	2:45.8	5:31.6	4:58.4	4:25.2
T37	13.05	26.10	23.49	20.88	26.79	53.58	48.22	42.86	2:16.3	4:32.7	4:05.4	3:38.1
T38	11.95	23.90	21.51	19.12	24.05	48.10	43.29	38.48	2:12.7	4:25.5	3:58.9	3:32.4

Amputee & Les Autres

T40-41	21.13	42.26	38.03	33.81	46.03	1:32.0	1:22.8	1:13.6				
T42	17.68	35.36	31.82	28.29	42.21	1:24.4	1:15.9	1:07.5				
T43-44	13.26	26.52	23.87	21.22	27.27	54.54	49.09	43.63	2:45.7	5:31.5	4:58.4	4:25.2
T45	11.77	23.54	21.19	18.83	23.57	47.14	42.43	37.71	2:07.9	4:15.8	3:50.2	3:24.6
T46	11.77	23.54	21.19	18.83	23.57	47.14	42.43	37.71	2:04.5	4:09.1	3:44.1	3:19.2

Wheelchair

T51	26.80	53.60	48.24	42.88	49.75	1:39.5	1:29.5	1:19.6	3:14.8	6:29.6	5:50.6	5:11.7
T52	21.21	42.42	38.18	33.94	39.87	1:19.7	1:11.7	1:03.7	2:40.2	5:20.4	4:48.3	4:16.3
T53	16.26	32.52	29.27	26.02	28.40	56.80	51.12	45.44	1:51.2	3:42.4	3:20.2	2:57.9
T54	15.43	30.86	27.77	24.69	27.25	54.50	49.05	43.60	1:44.2	3:28.4	3:07.6	2:46.7

Transplantee

T60	14.42	28.84	25.96	23.07	25.41	50.82	45.74	40.66	2:25.2	4:50.5	4:21.4	3:52.4
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Boys Qualifying – Field Events

Long Jump				Shot Put				Discus			
MDS	10 YEAR	11 YEAR	12 YEAR	MDS	10 YEAR	11 YEAR	12 YEAR	MDS	10 YEAR	11 YEAR	12 YEAR

CLASS

Hearing Impaired

F01	5.72	2.29	2.57	2.86	12.43	4.97	5.59	6.22	38.02	15.21	17.11	19.01
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Visually Impaired

F11	4.31	1.72	1.94	2.16	9.31	3.72	4.19	4.66	26.87	10.75	12.09	13.44
F12	5.70	2.28	2.57	2.85	12.87	5.15	5.79	6.44	41.84	16.74	18.83	20.92
F13	6.30	2.52	2.84	3.15	12.76	5.10	5.74	6.38	42.67	17.07	19.20	21.34

Intellectually Impaired

F20	6.36	2.54	2.86	3.18	14.58	5.83	6.56	7.29	39.52	15.81	17.78	19.76
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Cerebral Palsy

F32					5.58	2.23	2.51	2.79	12.10	4.84	5.45	6.05
F33					7.87	3.15	3.54	3.94	18.51	7.40	8.33	9.26
F34					10.27	4.11	4.62	5.14	31.56	12.62	14.20	15.78
F35	4.35	1.74	1.96	2.18	10.71	4.28	4.82	5.36	30.09	12.04	13.54	15.05
F36	4.19	1.68	1.89	2.10	10.40	4.16	4.68	5.20	26.61	10.64	11.97	13.31
F37	5.24	2.10	2.36	2.62	12.56	5.02	5.65	6.28	41.18	16.47	18.53	20.59
F38	5.52	2.21	2.48	2.76	12.64	5.06	5.69	6.32	39.17	15.67	17.63	19.59

Amputee & Les Autres

F40	2.95	1.18	1.33	1.48	12.34	4.94	5.55	6.17	24.90	9.96	11.21	12.45
F41	2.95	1.18	1.33	1.48	12.34	4.94	5.55	6.17	11.59	4.64	5.22	5.80
F42	4.07	1.63	1.83	2.04	9.73	3.89	4.38	4.87	32.32	12.93	14.54	16.16
F43	5.69	2.28	2.56	2.85	12.64	5.06	5.69	6.32	42.26	16.90	19.02	21.13
F44	5.69	2.28	2.56	2.85	12.64	5.06	5.69	6.32	42.26	16.90	19.02	21.13
F45	6.05	2.42	2.72	3.03	12.57	5.03	5.66	6.29	38.80	15.52	17.46	19.40
F46	6.05	2.42	2.72	3.03	12.57	5.03	5.66	6.29	38.80	15.52	17.46	19.40

Wheelchair

F51						0.00	0.00	0.00	8.92	3.57	4.01	4.46
F52					6.05	2.42	2.72	3.03	14.06	5.62	6.33	7.03
F53					5.06	2.02	2.28	2.53	15.23	6.09	6.85	7.62
F54					7.13	2.85	3.21	3.57	22.45	8.98	10.10	11.23
F55					8.21	3.28	3.69	4.11	25.27	10.11	11.37	12.64
F56					10.05	4.02	4.52	5.03	32.83	13.13	14.77	16.42
F57					10.81	4.32	4.86	5.41	34.64	13.86	15.59	17.32
F58					11.88	4.75	5.35	5.94	41.01	16.40	18.45	20.51

Transplantee

F60	4.28	1.71	1.93	2.14	10.87	4.35	4.89	5.44	29.26	11.70	13.17	14.63
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Girls Qualifying – Track Events

100 M				200M				800M			
MDS	10 YEAR	11 YEAR	12 YEAR	MDS	10 YEAR	11 YEAR	12 YEAR	MDS	10 YEAR	11 YEAR	12 YEAR

CLASS

Hearing Impaired

T01	13.79	27.58	24.82	22.06	28.05	56.10	50.49	44.88	2:34.7	5:09.5	4:38.5	4:07.6
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Visually Impaired

T11	17.15	34.30	30.87	27.44	36.26	1:12.5	1:05.2	58.02	3:36.1	7:12.2	6:29.0	5:45.7
T12	14.56	29.12	26.21	23.30	30.04	1:00.0	54.07	48.06	2:52.0	5:44.1	5:09.7	4:35.3
T13	13.45	26.90	24.21	21.52	27.84	55.68	50.11	44.54	2:45.3	5:30.7	4:57.6	4:24.5

Intellectually Impaired

T20	12.85	25.70	23.13	20.56	28.26	56.52	50.87	45.22	2:30.7	5:01.4	4:31.2	4:01.1
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Cerebral Palsy

T33	24.77	49.54	44.59	39.63	45.80	1:31.6	1:22.4	1:13.2	3:11.3	6:22.6	5:44.3	5:06.1
T34	20.69	41.38	37.24	33.10	37.37	1:14.7	1:07.2	59.79	2:33.6	5:07.2	4:36.5	4:05.8
T35	19.53	39.06	35.15	31.25	40.98	1:21.9	1:13.7	1:05.5	4:23.6	8:47.2	7:54.5	7:01.8
T36	17.56	35.12	31.61	28.10	38.39	1:16.7	1:09.1	1:01.4	4:11.7	8:23.5	7:33.2	6:42.8
T37	15.18	30.36	27.32	24.29	30.71	1:01.4	55.28	49.14	3:00.5	6:01.1	5:25.0	4:48.9
T38	14.75	29.50	26.55	23.60	30.36	1:00.7	54.65	48.58	2:55.2	5:50.5	5:15.4	4:40.4

Amputee & Les Autres

T40-41	24.06	48.12	43.31	38.50	53.88	1:47.7	1:36.9	1:26.2				
T42	20.92	41.84	37.66	33.47	42.76	1:25.5	1:16.9	1:08.4				
T43-44	15.91	31.82	28.64	25.46	33.76	1:07.5	1:00.7	54.02	3:50.3	7:40.7	6:54.6	6:08.6
T45-46	13.39	26.78	24.10	21.42	27.39	54.78	49.30	43.82	2:47.1	5:34.3	5:00.9	4:27.4

Wheelchair

T51	37.79	1:15.5	1:08.0	1:00.4	1:08.4	2:16.8	2:03.1	1:49.4	4:54.9	9:49.9	8:50.9	7:51.9
T52	22.74	45.48	40.93	36.38	1:01.2	2:02.4	1:50.2	1:37.9	2:41.2	5:22.4	4:50.1	4:17.9
T53	18.19	36.38	32.74	29.10	32.52	1:05.0	58.54	52.03	2:03.1	4:06.3	3:41.6	3:17.0
T54	17.35	34.70	31.23	27.76	30.81	1:01.6	55.46	49.30	1:58.4	3:56.8	3:33.1	3:09.4

Transplantee

T60	14.46	28.92	26.03	23.14	31.89	1:03.7	57.40	51.02	2:57.6	5:55.3	5:19.8	4:44.3
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Girls Qualifying – Field Events

Long Jump				Shot Put				Discus			
MDS	10 YEAR	11 YEAR	12 YEAR	MDS	10 YEAR	11 YEAR	12 YEAR	MDS	10 YEAR	11 YEAR	12 YEAR

CLASS

Hearing Impaired

F01	4.80	1.92	2.16	2.40	9.86	3.94	4.44	4.93	34.49	13.80	15.52	17.25
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Visually Impaired

F11	3.30	1.32	1.49	1.65	7.99	3.20	3.60	4.00	23.05	9.22	10.37	11.53
F12	4.53	1.81	2.04	2.27	9.15	3.66	4.12	4.58	32.94	13.18	14.82	16.47
F13	4.88	1.95	2.20	2.44	9.54	3.82	4.29	4.77	32.45	12.98	14.60	16.23

Intellectually Impaired

F20	4.83	1.93	2.17	2.42	10.74	4.30	4.83	5.37	30.01	12.00	13.50	15.01
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Cerebral Palsy

F32					5.41	2.16	2.43	2.71	8.47	3.39	3.81	4.24
F33					5.68	2.27	2.56	2.84	13.55	5.42	6.10	6.78
F34					6.27	2.51	2.82	3.14	13.54	5.42	6.09	6.77
F35	2.00	0.80	0.90	1.00	6.29	2.52	2.83	3.15	13.97	5.59	6.29	6.99
F36	2.84	1.14	1.28	1.42	7.38	2.95	3.32	3.69	17.90	7.16	8.06	8.95
F37	3.91	1.56	1.76	1.96	9.96	3.98	4.48	4.98	27.37	10.95	12.32	13.69
F38	4.02	1.61	1.81	2.01	9.48	3.79	4.27	4.74	22.92	9.17	10.31	11.46

Amputee & Les Autres

F40	2.12	0.85	0.95	1.06	7.18	2.87	3.23	3.59	21.55	8.62	9.70	10.78
F41	2.12	0.85	0.95	1.06	7.18	2.87	3.23	3.59	17.47	6.99	7.86	8.74
F42	2.74	1.10	1.23	1.37	6.32	2.53	2.84	3.16	18.99	7.60	8.55	9.50
F43	4.14	1.66	1.86	2.07	8.68	3.47	3.91	4.34	30.38	12.15	13.67	15.19
F44	4.14	1.66	1.86	2.07	8.68	3.47	3.91	4.34	30.38	12.15	13.67	15.19
F45	5.28	2.11	2.38	2.64	9.67	3.87	4.35	4.84	29.83	11.93	13.42	14.92
F46	5.28	2.11	2.38	2.64	9.67	3.87	4.35	4.84	29.83	11.93	13.42	14.92

Wheelchair

F51						0.00	0.00	0.00	4.89	1.96	2.20	2.45
F52					4.11	1.64	1.85	2.06	7.04	2.82	3.17	3.52
F53					3.45	1.38	1.55	1.73	8.96	3.58	4.03	4.48
F54					4.94	1.98	2.22	2.47	13.14	5.26	5.91	6.57
F55					6.08	2.43	2.74	3.04	17.94	7.18	8.07	8.97
F56					6.59	2.64	2.97	3.30	17.63	7.05	7.93	8.82
F57					7.89	3.16	3.55	3.95	20.13	8.05	9.06	10.07
F58					8.72	3.49	3.92	4.36	27.27	10.91	12.27	13.64

Transplantee

F60	3.63	1.45	1.63	1.82	7.27	2.91	3.27	3.64	31.92	12.77	14.36	15.96
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Appendix 4. Regional Information

Regional Colours: _____

Number of students in the Region: _____

Number of girls in team: _____

Number of boys in team: _____

TOTAL

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(Regions will be invoiced on this number)

The following information will be used during the team march past at the opening ceremony.

Captains' names: Boy: _____ School: _____

Girl: _____ School: _____

Brief geographical description:

Any other item/s of special interest:

Regional School Sports Officer

Return form to:
Championship Director

Appendix 5. Substitution and Withdrawal Form

Queensland School Sport – 10-12 years Track and Field Championships	
TRACK EVENTS - WITHDRAWAL/ SUBSTITUTION FORM	
Track Event Name: _____	
Event Number: _____	Heat: _____ Lane: _____
Competitor's Name: _____ (as per program)	Region: _____
Team Manager's Signature: _____	Date: _____
NOTE: If substitution is to be made for this withdrawal, please complete section below.	
Substitute Competitors Name: _____ (as per program)	Date of Birth: _____
Team Manager's Signature: _____	
OFFICIAL USE	
<input type="checkbox"/> Data Entered: _____	Date: _____

Queensland School Sport —10-12 years Track and Field Championships	
FIELD EVENTS - WITHDRAWAL/ SUBSTITUTION FORM	
Field Event Name: _____	Event Number: _____
Competitor's Name: _____ (as per program)	Region: _____
Team Manager's Signature: _____	Date: _____
NOTE: If substitution is to be made for this withdrawal, please complete section below.	
Substitute Competitors Name: _____ (as per program)	Date of Birth: _____
Team Manager's Signature: _____	
OFFICIAL USE	
<input type="checkbox"/> Data Entered: _____	Date: _____

Appendix 6. Multi Class Relay Nomination Form

Queensland School Sport – 10-12 years Track and Field Championships		
MULTI CLASS EVENT RELAY	BOYS / GIRLS	
REGION: _____		
Name: _____	Region: _____	Classification: _____
Name: _____	Region: _____	Classification: _____
Name: _____	Region: _____	Classification: _____
Name: _____	Region: _____	Classification: _____
Team Manager's Signature: _____		Date: _____

Queensland School Sport – 10-12 years Track and Field Championships		
MULTI CLASS EVENT RELAY	BOYS / GIRLS	
REGION: _____		
Name: _____	Region: _____	Classification: _____
Name: _____	Region: _____	Classification: _____
Name: _____	Region: _____	Classification: _____
Name: _____	Region: _____	Classification: _____
Team Manager's Signature: _____		Date: _____

Appendix 7. Championship Records

BOYS						GIRLS					
EVENT	AGE	RECORD	NAME	REGION	YEAR	EVENT	AGE	RECORD	NAME	REGION	YEAR
100 metres	12	11.82 (E)	Lyndon Phipps	ME	2004	100 metres	12	12.4 (H) 12.58 (E)	Dimity Winders Casey Atkins	NW SC	1980 2008
100 metres	11	12.46 (E)	Sang Nguyen	West M	1990	100 metres	11	12.90 (E) 12.90 (E)	Bindee Goon Chew Tammy Riley	N MW	1986 1995
100 metres	10	12.88 (E)	Sang Nguyen	West M	1989	100 metres	10	13.20 (E)	Leanne McIntosh	N	1980
200 metres	12	24.25 (E)	Dylan Steward	SC	2009	200 metres	12	25.84 (E)	Ella Connelly	Sun C	2012
200 metres	11	25.85 (E)	Sang Nguyen	West M	1990	200 metres	11	26.61 (E)	Amber Rowlandson	MN	2007
200 metres	10	25.80 (E)	Christopher Morseray	MN	2013	200 metres	10	27.50 (E)	Michelle Aurisch	Bris S	1982
800 metres	12	2:06.18 (E)	David Tong	DD	2010	800 metres	12	2:15.6 (H)	Angela Raines	Bris N	1986
800 metres	11	2:14.77 (E)	David Tong	DD	2009	800 metres	11	2:20.08 (E)	Elle Rutherford	SC	2013
800 metres	10	2:16.68 (E)	Daniel Rolley	ME	2010	800 metres	10	2:28.56 (E)	Tanya Bunney	Sun C	1989
High Jump	12	1.74 m	Glen Peterson	N	1996	High Jump	12	1.64 m	Vicki Collins	WB	1991
High Jump	11	1.69 m	Nate Roffey	ME	1998	High Jump	11	1.60 m	Tracey Brown	West M	1988
High Jump	10	1.54 m	Glen Peterson	N	1994	High Jump	10	1.42m 1.42 m	Jannece Crowe Shenae Ciesiolka	Bris N DD	1982 2007
Long Jump	12	5.73 m	Lynton Skeen	ME	1992	Long Jump	12	5.43 m	Michelle Aurisch	Bris S	1984
Long Jump	11	5.30 m	Toby Dean	Sun C	1991	Long Jump	11	5.11 m	Daljah Martens	Pen	2008
Long Jump	10	5.02 m	Paul DiBella	N	1987	Long Jump	10	4.62 m	Carly Cairns	N	1992
Shot Put (3kg)	12	16.29 m	Ryan Blyth	Cap	1999	Shot Put (3kg)	12	12.47 m	Tylah Bonisch	SW	2010
Shot Put (2kg)	11	15.40 m	Brent Dixon	DD	2001	Shot Put (2kg)	11	13.96 m	Amanda Rose	ME	2013
Shot Put (2kg)	10	12.78 m	Joshua Starke	WB	2000	Shot Put (2kg)	10	11.64 m	Amanda Rose	ME	2012
Discus (750g)	12	52.64 m	Lachlan Miller	MN	2008	Discus (750g)	12	45.62 m	Rochelle Vidler	MW	2013
Discus (750g)	11	39.55 m	Jimmy Gordan	DD	2008	Discus (750g)	11	34.76 m	Rebecca Oliver	Sun C	1997
Discus (500g)	10	40.95 m	Adam Bevis	ME	2000	Discus (500g)	10	37.18 m	Amy Brice	Sun C	2012
4 x 100m	12	49.38 (E)	South Coast	SC	2009	4 x 100m	12	51.24 (E)	Met East	ME	2002
4 x 100m	11	51.26 (E)	West Moreton	West M	1984	4 x 100m	11	53.17 (E)	Wide Bay	WB	1984
4 x 100m	10	54.18 (E)	Brisbane North	BN	1984	4 x 100m	10	55.50 (E)	Wide Bay	WB	1983
Multi Event	12	1503 points	Sam Hegarthy	DD	2004	Multi Event	12	1172 points	Jessie Harper	DD	2008
Multi Event	11	1316 points	Sam Hegarthy	DD	2003	Multi Event	11	1176 points	Amy Brice	Sun C	2013
Multi Event	10	1143 points	Kenny Arcangeli	MN	2006	Multi Event	10	983 points	Amy Brice	Sun C	2012

E = Electronic Records
H = Hand Held Records

QSS 10-12 years Track and Field Multi Class Records

Event	Age	Sex	Record holder	Class	Reg	Percent Open record	Year
100m	10yrs	Boys	Matthew Lundie	T40	N	81.11%	2013
	10yrs	Girls	Sarah Eckert	T20	WB	80.67%	2011
	11yrs	Boys	Kyle Haslam	T43	SC	88.02%	2013
	11yrs	Girls	Louvaro Kerwin	T12	CAP	97.65%	2015
	12yrs	Boys	Kyle Haslam	T43	SC	88.38%	2014
	12yrs	Girls	Jamie Howell	F01	ME	86.42%	2010

200m	10yrs	Boys	Logan Powell	T42	Cap	75.27%	2009
	10yrs	Girls	Storm Ireland	T20	DD	76.67%	2006
	11yrs	Boys	Rheed McCracken	T35	WB	78.86%	2008
	11yrs	Girls	Louvaro Kerwin	T12	CAP	95.65%	2015
	12yrs	Boys	Kyle Haslam	T43	SC	89.60%	2014
	12yrs	Girls	Nyador Biel	T01	MN	80.46%	2014

800m	10yrs	Boys	Matthew Taylor	T20	WB	74.50%	2015
	10yrs	Girls	Sally Wheeler	T46	WB	74.70%	2003
	11yrs	Boys	Kyle Potgeiter	T12	MN	75.47%	2012
	11yrs	Girls	Desree Fogarty	T01	SC	80.14%	2006
	12yrs	Boys	Matthew Lundie	T40	NOR	117.54%	2015
	12yrs	Girls	Katie Paterson	T46	WB	82.14%	2008

Long Jump	10yrs	Boys	Rheed McCracken	F35	WB	63.15%	2007
	10yrs	Girls	Jamie Howell	F01	ME	63.84%	2008
	11yrs	Boys	Rheed McCracken	F35	WB	96.97%	2008
	11yrs	Girls	Louvaro Kerwin	F12	CAP	82.40%	2015
	12yrs	Boys	Joshua Smith	F35	MN	82.15%	2008
	12yrs	Girls	Jamie Howell	F01	ME	83.23%	2010

Discus	10yrs	Boys	Rheed McCracken	F35	WB	61.64%	2007
	10yrs	Girls	Sally Wheeler	F46	WB	80.04%	2003
	11yrs	Boys	Michael Henderson	F20	N	91.92%	2005
	11yrs	Girls	Tamika Snow	F20	WB	64.45%	2008
	12yrs	Boys	Joshua Lush	F20	Pen	66.14%	2012
	12yrs	Girls	Katie Paterson	F46	WB	78.98%	2008

Shot Put	10yrs	Boys	Aziah Robe-Broome	F20	WB	60.51%	2005
	10yrs	Girls	Sally Wheeler	F46	WB	77.54%	2003
	11yrs	Boys	Michael Henderson	F20	N	69.2%	2005
	11yrs	Girls	Katie Paterson	F46	WB	74.77%	2007
	12yrs	Boys	Matthew Lundie	F40	NOR	75.24%	2015
	12yrs	Girls	Kahlia Kemp	F20	WB	77.91%	2005

Records for Discontinued Events

Discontinued Event Records			
100 metres	13 years	11.78 s. (E) – J. Sia - MW 1991	12.8 s. (H) – K. Packman - Pacific 1977
200 metres	13 years	24.08 s. (E) – N. McNab - Peninsula 1993	25.7 s. (H) – C. Bauer - Wide Bay 1975
800 metres	13 years	2 m. 08.57 s. (E) – M. Reeves - Met West 1995	2 m 16.61 s. (E) – J. Clowes - West M 1991
High Jump	13 years	1.75 metres – D. Kaestner - Wide Bay 1992	1.63 metres – K. Danaher - Darl.Downs 1994
Long Jump	13 years	5.84 metres – M. Peters - Capricornia 1992	5.28 metres – J. Steele - Gympie 1969
Shot Put (3kg)	13 years	14.06 metres – D. Raccanello - Darl.Downs 2001	10.05 metres – R.Oakhill - Met. East 2000
Discus (750g)	13 years	45.22 metres – L. Hunt - Sun Coast 1997	32.36 metres – D. Nicholson - Sth Coast 1994
4x100m Relay	12&13 years	48.46 secs. (E) – Brisbane North 1985	51.6 secs. (H) – Darling Downs 1972
4x100m Relay	13 years	50.00 secs (E) – Northern 2001	54.29 secs (E) – Met West 1997