

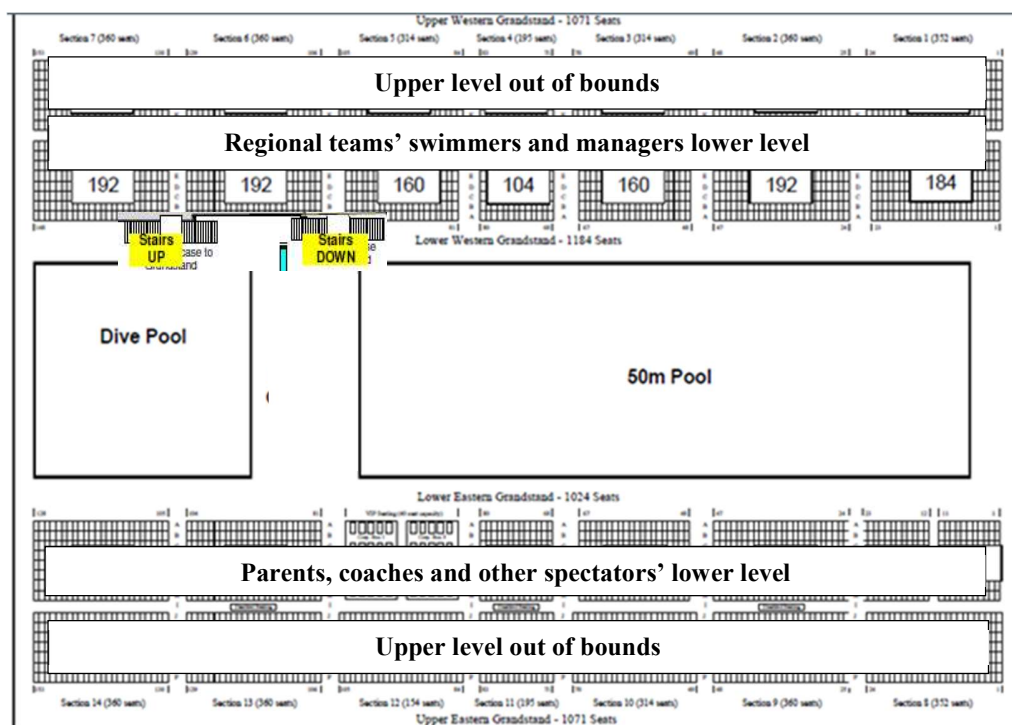
## SEATING ARRANGEMENTS

- Swimmers sit in the **Western stand**.
- Parents sit in the **Eastern stand only**.
- Upper Levels are **out of bounds**

Monday 25 March						
Section 7	Section 6	Section 5	Section 4	Section 3	Section 2	Section 1
Capricornia Darling Downs	Met East	Met North	Peninsula Northern Nth West Sth West	Sth Coast	Met West	Wide Bay Sun Coast

Tuesday 26 March						
Section 7	Section 6	Section 5	Section 4	Section 3	Section 2	Section 1
Met East	Met North	Sth Coast	Peninsula Northern Nth West Sth West	Met West	Wide Bay Sun Coast	Capricornia Darling Downs

Wednesday 28 March						
Section 7	Section 6	Section 5	Section 4	Section 3	Section 2	Section 1
Met North	Sth Coast	Met West	Peninsula Northern Nth West Sth West	Wide Bay Sun Coast	Capricornia Darling Downs	Met East



# WARM UP POOL ARRANGEMENTS

NOTE CHANGES EACH DAY

***Warm up pool is for warm up and cool down only.***

## Monday 25 March – Lane Allocation

Outside Pool #	Lane 12	Lane 11	Lane 10	Lane 9	Lane 8	Lane 7	Lane 6	Lane 5	Lane 4	Lane 3
	Dives Sprints	MW	MW	ME	ME	WB	DD	DD	Sun C	Sun C

*Note: Lane 12 is the first lane you come across when leaving the indoor pool.*

Main Pool	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
	Dives Sprints	Dives Sprints	MN	MN	SW Pen	Nth NW	CAP	CAP	SC	SC

## Tuesday 26 March – Lane Allocation

Outside Pool #	Lane 12	Lane 11	Lane 10	Lane 9
	Nth/NW/Pen/SW	Cap/WB	MN	MN

*Note: Lane 12 is the first lane you come across when leaving the indoor pool.*

Main Pool	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
	Dives Sprints	Dives Sprints	SC	SC	MW	MW	Sun C	ME	ME	DD

## Wednesday 27 March – Lane Allocation

Outside Pool #	Lane 12	Lane 11	Lane 10	Lane 9
	SC	SC	ME	ME

Main Pool	Lane 0	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
	Dives Sprints	Dives Sprints	Nth/N WPen/SW	DD	Cap/WB	MN	MN	MW	MW/Sun C	Sun C

### Warm-up pools availability

	<b><i>Dive Pool</i></b>	<b><i>Outdoor pool</i></b>
<b><i>Monday</i></b>	10am – 2.30pm Whole Pool 2.30pm – 3.30pm 4 lanes (1-4)	10:00am–12:00pm      lanes 3-12 12:00pm–3:00pm      lanes 9-12
<b><i>Tuesday &amp; Wednesday</i></b>	8.15am – 2.30pm Whole Pool 2.30pm – 3.30pm 4 lanes (1-4)	8.00am – 3.30am      lanes 9-12