

**2019**

**QUEENSLAND SCHOOL SPORT  
11 – 12 YEARS  
STATE AQUATHLON CHAMPIONSHIPS**

**Information for Competitors and Team  
Managers**

**Schedule of Events  
Race Rules & Regulations  
Course Description**

**QLD SCHOOLS STATE TRIATHLON/AQUATHLON CHAMPIONSHIPS  
SCHEDULE 2019**

**AQUATHLON IS SATURDAY ONLY**

<b>Thursday 7 March</b>	
12.00pm-2.30pm	Manager's Pre-Carnival Meeting and Team Registration at <b>Hervey Bay Sailing Club</b>
3.00pm-4.30pm	Regional Team Meetings, Course Familiarisation, Regional Photos
6.00pm	Managers' Dinner – Bayswater Hotel, Esplanade, Urangan

<b>Friday 8 March</b>		<b>Tide: 9:30 am 3.63 m</b>
6.30am	Transition Area opens	
7.00am	Volunteers to meet Cass Percival at Hervey Bay Sailing Club for briefing	
7.15am	Transition area closes.	
7.30am	Volunteers to be in positions	
7.45am	Senior M & F race briefing (Sailing Club)	
<b>8:00am</b>	<b>SENIOR 17–19yrs</b>	<b>750m (1 lap) / 20km (4 laps) / 5km (2 laps)</b>
9.15am	Intermediate M & F race briefing (Sailing Club)	
<b>9.30am</b>	<b>INTERMEDIATE 15–16yrs</b>	<b>500m (1 lap) / 15km (3 laps) / 4km (2 laps)</b>
10.15am	Junior M & F race briefing (Sailing Club)	
<b>10.30am</b>	<b>JUNIOR 13–14yrs</b>	<b>300m (1 lap) / 10km (2 laps) / 2km (2 laps)</b>
1.00pm	Managers' Post Championship Meeting Hervey Bay Sailing Club	

<b>Saturday 9 March</b>		<b>Tide: 10.02am 3.52m</b>
7.00am	Transition opens	
7.30am	Volunteers to meet Cass Percival at Hervey Bay Sailing Club for briefing	
8.00am	Transition closes – no bike entry permitted after this time	
8.15am	Volunteers to be in position	
<b>8.15am</b>	<b>Female Regional Relay Championship</b>	<b>300m /10km/ 2km</b>
<b>9.00am</b>	<b>Male Regional Relay Championship</b>	<b>300m /10km/ 2km</b>
9.15am	Aquathlon Registration in regional tents	
<b>10.00am</b>	<b>Female Aquathlon 11–12yrs</b>	<b>1km / 200m / 1km</b>
<b>10.30am</b>	<b>Male Aquathlon 11–12yrs</b>	<b>1km / 200m / 1km</b>
11.30am	Presentations & announcement of Qld Team – Bill Fraser Park	
12.30am	Compulsory State Team meeting & uniform sizing – ALL selected athletes + reserves – Upstairs HB Sailing Club	

# RACE RULES & REGULATIONS

## TRIATHLON AUSTRALIA RACE RULES APPLY

A full list of the rules can be found on the TA website [www.triathlon.org.au](http://www.triathlon.org.au)

### GENERAL CONDUCT

These rules are applicable across the entire course

Competitors must:

1. practise good sports conduct at all times
2. be responsible for their own safety, the safety of their own equipment and be considerate of the safety of others
3. be responsible for understanding and following the TA Race Competition Rules:
  - a. obey instructions from event officials
  - b. obey traffic regulations, unless otherwise instructed by an event official
  - c. treat other competitors, officials, volunteers and spectators with respect and courtesy
  - d. avoid the use of abusive language
  - e. be responsible for keeping on the designated course
  - f. not wear, use or carry items deemed to be a hazard to self or others e.g. a hard cast, jewellery, glass/metal containers or electronic and entertainment devices such as, but not limited to, mobile phones, mobile disc players, MP3 players or 2-way communication devices
  - g. not use any equipment which may provide an unfair competitive advantage
  - h. not obstruct or interfere with the forward progress of another competitor, or jeopardise the safety and welfare of another competitor or race official or spectator or member of the public;
  - i. not accept assistance from anyone other than event officials
  - j. not discard any equipment on the course, except at the approved dedicated locations

### SCHOOL TRIATHLON SPECIFIC RULES

#### ***Remotely piloted aircraft (Drones)***

*For the safety and welfare of competitors and spectators there are no Remotely piloted aircraft (Drones) to be flown on the triathlon/aquathlon course during the period of the state championships. Regional team officials are requested to make all parents whose children are in their regional team aware of this requirement.*

#### **Uniform**

All competitors must wear their regional uniform, whilst participating in the championships i.e. for registration, both individual and relays events and presentations. Togs, trisuits and triathlon singlets [males] must be in regional colours. Only textile suits are permitted. **Aquathletes will receive a swim cap and a number tattoo in their race pack. All material in the race packs must be worn.**

**Athletes who do not comply with the uniform requirements will be disqualified.**

## **CONTINGENCY PLAN FOR ADVERSE RACE CONDITIONS**

If there are adverse weather conditions or water conditions such as thunderstorms or severe wind and rain and/or a high level of jelly fish or blue bottles, that impact the safety of the athlete, the event will be cancelled.

## **COURSE DESCRIPTION**

Transition is located at Hervey Bay Sailing Club, Charlton Esplanade, Torquay.

AQUA MAP



# Aquathlon

*Aerial view of course.*